

# Your Weekly Wardrobe Jazz

## Create Your Look – Part One

**This Week's Task:** Create "Your Look" so that it is consistent with your life goals and makes you feel enthusiastic and confident about the Personal Image you are projecting to the world.

### Tools to Assemble

A large poster board  
Several current fashion and lifestyle magazines  
Scissors and Releasable tape or Glue  
Magic markers, some with glitter if you are that type of person  
A notebook and pen

### FIRST

Set aside an afternoon or evening to tear out pictures that attract you from the magazines. Don't spend any time analyzing whether the look is right for you or how much the items cost. Just tear out what strikes your fancy. Don't be stingy or edit yourself – BE BOLD! Consider photos of beautiful places, accessories, hair, and makeup too.

### SECOND

Spread out the pictures you have chosen so that you can see the common concepts. It may be a certain color palette or a style that calls to you and will help you define your look. Use the poster board to assemble the pictures you have selected and magic markers to write words that describe what made you choose those pictures and what you are envisioning. This will start your creative juices flowing so that you can begin to define your new look.

### THIRD

Put your creation in a place where you can see it daily and notice your reactions. Post a copy of your life goals next to it to help you get a stronger vision of how you will use your wardrobe to help you reach your goals. As the week goes along, take down the pictures that were just a passing fancy and revisit the magazines to find more of what really speaks to you. Post those pictures too. Repeat as necessary until you are happy with all the images posted and how they support your life goals.

### FOURTH

Throughout the week, keep the notebook close to the poster board to write out your observations as you define and refine what you envision for "Your Look" and your wardrobe for the current season/year. Hint: If you have set a specific goal such as winning an award, make sure you post a picture of the type of outfit you will be wearing at the awards ceremony!

**NOTE:** Enjoy the luxury of creating just for the fun of it...DON'T tackle your closet yet! This is a week for creating, NOT for confronting the reality that is your closet. We will take on that project and more next week so look for Part Two next Friday.

*Style has no size, age, or price tag!*