

Your Weekly Wardrobe Jazz

What I LOVE & What I HATE

Ever ask a child about what they like or don't like? They are VERY opinionated and most will tell you what they LOVE or HATE, not much in between. I have needed some closet honesty myself. So, for this fall's seasonal switcharoo, I dropped my restraint and attacked my closet with the viewpoint of LOVE or HATE, nothing in between.

HERE IS WHAT I DISCOVERED

- ♥ I want fewer but better choices.
- ♥ Soft pastels annoy me, I want brighter colors for my accents.
- ♥ I don't much love prints except in scarves.
- ♥ I'm obsessed with the idea of monochrome looks with or without an accent color.
- ♥ Clothes that follow my body shape are my true friends.
- ♥ I could live the rest of my life in a pullover and pants or pencil skirt.
- ♥ I still hate dresses even if they do look good on me.
- ♥ I have a lot of blue shirts and LOVE them all.
- ♥ I need a pair of black evening sandals with a 2 ½" heel.

MY CONFESSION

For those of you who are my clients or have followed me for a while, know how rigorous I can be. Giving myself some of my own medicine has been an interesting experience. Spring and Autumn I change out my closet but have been lax in culling and wishing I had a consultant to help me. Finally, I reread my all-time favorite book on style, [French Chic](#) by Susan Sommers. It gave me the backbone I needed to make some real changes just as it did so many years ago.

HOW I DID IT

I put up a portable rack and gave everything (really, everything in my closet) the LOVE/HATE test. For instance: I know I look best in a slim silhouette, but I had gotten carried away with some blousy, shapeless items because I liked the look of them, not because they flattered me. And then there were items I was keeping, just in case... Or the ones that are beautiful and serviceable and look good on me, but I just don't LOVE them. Or the ones that almost fit.

MY RESULTS

- ♥ Having a few neutral capsules* (Ivory, Camel, Navy, and Black) gives me a discipline so that making/choosing outfits is effortless.
- ♥ I feel calmer and more purposeful, and my clothes are serving me, not the other way around.
- ♥ Fewer choices have cleared out the cobwebs and I have gotten more creative and playful with accessories.
- ♥ My closet has some breathing room that I'm not in a hurry to fill up, except for the elusive caramel pencil skirt I'm craving, and a red belt.

Need some new outfits or a closet refresh? Still wondering if you are wearing the right colors? Call or write me, I am here for you!

Great style has no size, age, or price tag!